



December 2025 NEWSLETTER

The #GIVINGTUESDAY
PANHANDLE
GIVES

Thank you! Thank you!

Arms Stretched Wide's first *The Panhandle Gives* campaign was a huge success! We received \$14,410.00 in direct donations, and the Amarillo Area Foundation awarded us an amplification amount of \$1,117.99. Our total for the campaign was \$15,587.49.

All of us at ASW are grateful for every contribution, prayer, listening ear, social media like, share, and watch, and for you taking the the time to learn more about Arms Stretched Wide and our mission.

We are excited about 2026 and the opportunities that lie before us!

What's New?

Community Wellness Talks

Beginning Wednesday, February 11th, at noon and 6:30 p.m., Arms Stretched Wide will launch Community Wellness Talks, held on the second Wednesday of each month at our office located at 2001 S. Polk in Amarillo. These 45-minute talks will be led by our Executive Director of Programming & Innovation, DeAnna Sheets, MA, LPC-S, along with other health professionals and peers with lived experience. Our goal is to create a relaxed, supportive space where community members can learn about wellness topics that may benefit themselves or someone they care about.

Save the Dates:

February 11th, March 11th, April 8th, and May 13th

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 armsstretchedwide.com

OUR TEAM

Missy Lemons

Executive Director
of Operations & Engagement

DeAnna Sheets, MA, LPC-S

Executive Director
of Programs & Innovation

Mickey Ebenkamp

President

Keith Baldrige

Vice President

Sherry Breeding

Treasurer

Rachel Nease

Secretary

Kenny Dean

Director

CIRCLE OF CARE TEAM

We have created an ASW-Circle of Care Team that will receive GroupMe updates and prayer requests. If you would like to be on our Circle of Care Team, you can scan the QR code, use the following link, or contact us and we will add you to the team.

https://groupme.com/join_group/111944360/3dyzdnK6



2026 OPPORTUNITIES

Arms Stretched Wide is excited to expand its outreach in 2026 by fostering meaningful connections, building strong relationships, and providing educational opportunities across the Rural Texas Panhandle and in Amarillo/Canyon. If you are interested in welcoming ASW to your church, organization, or community, we invite you to contact us.



Our introductory price of \$400 (group training) for our 3-part **Neighbor to Neighbor** training will be ending December 31, 2025. We encourage you to schedule before the end of the year to receive our introductory price. The cost of our Neighbor to Neighbor training will be \$900 (group training) beginning January 1, 2026. To learn more about our Neighbor to Neighbor trainings please visit our website or contact us. We would be glad to share with you about the training.

*Merry
Christmas
and Happy
New Year*

May the peace of
Christmas settle gently in
your heart,
filling your home with love,
warmth, and quiet wonder.