



2025 ANNUAL REPORT

CONNECT



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As we welcome a new year, Arms Stretched Wide expresses heartfelt gratitude for the generosity and partnership that carried us through 2025. Thanks to the unwavering dedication of our supporters, we were able to reach rural communities across the Texas Panhandle with vital training and support which is laying the groundwork for the launch of our 2026 relational care and mental health initiatives.

ASW Co-Founder, Missy Lemons, resigned from the role of Executive Director of Operations & Engagement effective December 31, 2025. The organization is grateful for her vision, commitment, and the lasting foundation built prior to ASW and during her time at ASW.

DeAnna Sheets, MA, LPC-S, Co-Founder and Executive Director of Programs & Innovation, will remain on staff and continue the mission of Arms Stretched Wide. She is looking forward to continued growth and serving others with mental health awareness and access.

Board Member, Jaye Jones, stepped down from her position the end of December, as well. We are very grateful for her wisdom and for the time she served with us.

Your support remains at the heart of everything accomplished and everything yet to come. As Arms Stretched Wide enters 2026, your contributions will continue to empower meaningful change and help reach even more individuals, churches, organizations, and communities with relational care and mental health care resources.

Thank you for being an essential part of this journey!

FINANCIAL HIGHLIGHTS



Grants Awarded

Melissa Carter Grant with the Area Agency on Aging

For Dementia Support in 2 Texas Panhandle Rural Communities - \$2,000

Canyon Lions Club

Unrestricted - \$2,000

High Plains Christian Ministries

For sustainability & impact training at the Amarillo Area Foundation - \$5,000

Catalyst

For relational care and mental health training in the Texas Panhandle - \$10,000

Louise Bowers Slentz Foundation

For rural mental health expansion through training - \$22,500

Grant Total: \$41,500

TRAINING IMPACT

Totals Across All Communities

Total training participant hours: 204.50

Total community impact value: \$24,123

Financial Statement

Contributions & Grants**	\$100,647
Program Service Fees	\$ 900
	\$101,547

Expenses	\$ 59,863
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Net Income	\$ 41,684
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Unexpended restricted grants @ 12/31/25 were **\$35,633

Board of Directors and Staff

Mickey Ebenkamp, President
Keith Baldrige, Vice President
Sherry Breeding, Treasurer
Rachel Nease, Secretary
Kenny Dean, Member

Executive Director of Programs & Innovation

DeAnna Sheets, MA, LPC-S

How would you describe the training to someone who hasn't attended?

"This gives you keys to be supportive, and helpful to those struggling mentally and emotionally." ~ training attendee

FUTURE OUTLOOK



2026 Opportunities

We are excited to get out into the Texas Panhandle and fulfill our grant opportunities and to start new initiatives.

- DeAnna was recently trained to facilitate the Talk Saves Lives: An Introduction to Suicide Prevention Training with the American Foundation for Suicide Prevention.
- We are scheduling now for the upcoming Neighbor to Neighbor trainings
- We are continuing to create new opportunities in the communities we served in 2025: Friona, Dimmitt, McLean, and churches/faith organizations in and out of state.
- Community Wellness Talks are scheduled to start in Spring 2026. Watch for upcoming details on when and where.
- We are collaborating with others to develop a seminar that will help with caring for senior adults within churches & communities.
- ASW seeks to expand its reach to more people in underserved populations. We are exploring podcasting, YouTube, radio, and other formats to support relational care and mental health.

Thank you!

